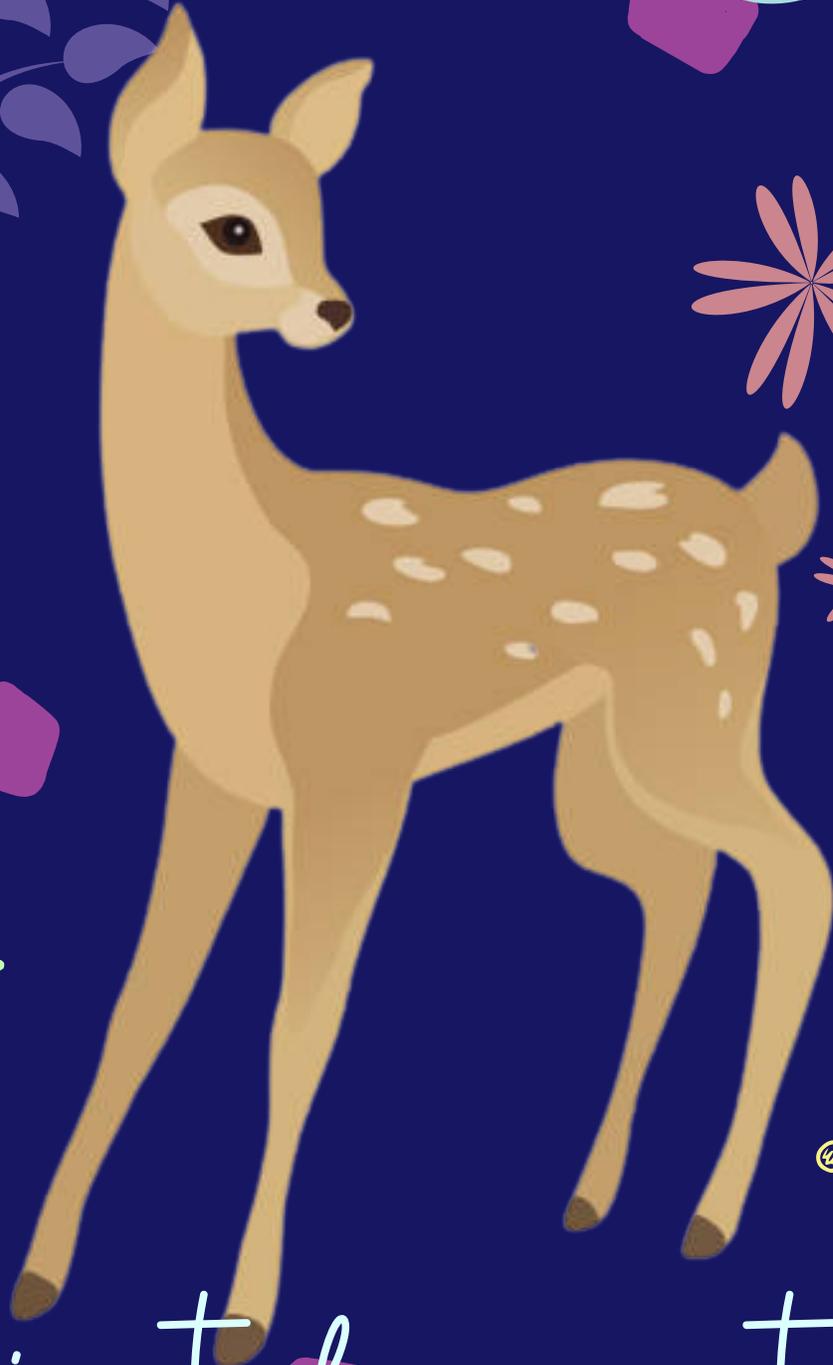


Oh Deer!



It's going to be a great year!

ALLCC 2021-2022



It is our vision to ensure your Deer's appreciation of himself, others, of learning, and of life.

During a typical day, your Deer will: wonder, play, invent, talk and tell stories, ask questions, build, explore and learn.

### A Day In The Life Of A Deer

7:00 - 9:30

Free Play / Small Group Activities

9:30 - 9:45

Morning Snack

10:00-11:00

Outdoor Centers

11:00 - 11:30

Morning Meeting

11:30 - 12:00

Small Group Activities

12:00 - 12:15

Midday Circle Time

12:15 - 12:45

Lunch

1:00 - 3:00

Nap

3:00 - 3:30

Afternoon Circle

3:30 - 3:45

Afternoon Snack

3:45 - 4:30

Outdoor Play

4:30 - 6:00

Open Learning Centers / Small Group Activities

\*All days are subject to change based on weather and needs of the children.

### What and How Deer Learn at School

#### Science And Math

- I explore concepts of color, texture, weight, and size.
- I am practicing grouping like and different.
- I am continuing to strengthen my hand-eye coordination.
- I am sharpening my one to one correspondence skills.

#### Reading And Circle Time

Books are interesting and important. There is value in my ideas. I learn to wait my turn while others speak. I enhance my complex language skills.

#### Blocks And Building

- I can cooperate and problem solve. I create and repeat patterns.
- I am practicing the concepts of color, shape, and location.
- I am appreciating sharing and being a member of a community

#### Dramatic Play

- I am learning to express myself with words.
- I am gaining more flexibility in my thinking.
- I am empowered to make my own decisions.
- I can negotiate and problem solve with my peers.

#### Social-Emotional

- I am learning to do things for myself and becoming more independent.
- I am learning to talk to my friends and work through challenges with my words.

#### Letters And Numbers

- I am beginning to write and recognize upper and lowercase letters. I am practicing my shape, color, and number recognition. I am building my phonics, patterns, and sequencing skills. I can problem solve. I am honing my fine motor skills.

To this knowledge, and through careful observation of your child's individual learning styles, we will construct a multi-faceted curriculum to foster each area of development.



### Oh! Deer!!

Deer may: hit, bite, kick, scratch, spit, use unkind words, suddenly develop a habit of stubbornness and / or become temperamental.

These are all typical 3-4 year old behaviors. We will let you know if we have any concerns.

### We Support Happy, Healthy Humans!

Behavior management in our class is grounded in philosophies and principles outlined in Conscious Discipline by Becky Bailey. We set/achieve goals together, manage our emotions instead of acting out, set personal boundaries, encourage mutual respect, and resolve conflicts in a way that creates closer relationships. Children respond best to this positive guidance, consistent rules, and reinforcement of appropriate behavior. We encourage children to problem solve independently.



## What Your Deer Will Need For A Fabulous Day At School

### a backpack

Your deer will need a way to carry their own water bottle, lunch, nap stuff, messy clothes, treasures from the day and projects..

### nap bedding

Your Deer will need a crib sheet and a blanket. Small loveys (that can fit in a small cubby AND can stay at school for the whole week) are welcome. We will send bedding home on Fridays to be washed.

### a water bottle

Your child will need a water bottle with a lid that is easy to open and close every day.

### a lunchbox

Please send food in containers that are easy to open and close. We will encourage your child to set up and clean up their own lunch every day.

### tennis shoes

Tennis shoes are the best shoes for a pea gravel, balance beam, running, jumping great day!

### extra clothes

Life happens. Accidents happen. Please send at least 1 COMPLETE set of extra clothes (including socks) in a ziploc bag with your child's name on it. We cannot provide extra clothes.

### a present parent with a smile

We understand that everyone is busy. For the safety of all children, cell phones are not allowed during drop-off and pick-ups.

*\*Please label all items with your child's name\**



## What Your Deer Should Leave At Home

all toys  
jewelry  
belts  
costumes  
clothes that your child cannot manipulate easily

*Some days will be messy.  
Please dress accordingly.*

## Special Occasions

We LOVE celebrations (birthdays, foggy mornings, new siblings, climbing over the playscape, holidays etc.) Each celebration will be child-led. We will let you know if we need anything to make our day perfect. Stay tuned!

## Deer Can (And Want To)

Walk into and out of the building on our own 2 feet!

Say a QUICK goodbye	Be Independent!	Carry our own backpack into school.
	Respect our school space- inside and out!	
	Speak kindly to everyone!	

Follow The Safety Rules  
Before and After School!

*This year will be full of excitement as your child learns how to become more independent. We encourage you to embrace this important process by allowing your Deer as many opportunities as possible to try things out for themselves.*

## Other Helpful Hints And Tips

1. Expect more. Raise the bar and your child will probably stretch to meet it.
2. Resist doing for him/her what they can do for themselves.
3. Don't redo what they've done. Unless absolutely necessary, don't fix what your child accomplishes.
4. Let them solve simple problems. It's natural to want to make everything perfect, but if we do, we cheat kids of the chance to experience success.
5. Assign a chore. Putting your preschooler in charge of a regular, simple task will build his/her confidence and sense of competency. The goal is to make your child feel like a capable, contributing member of the family.
6. Praise is key, kids repeat behaviors that get attention.
7. Develop predictable routines. While it would be impractical to have the same level of structure at home, the more consistent you are, the more cooperative your child is likely to be.
8. Lighten up. If your child refuses to do something, try turning it into a game. Humor and games are two great tools that parents sometimes forget about in the heat of the moment.
9. Warn of transitions.
10. Use sticker charts and rewards judiciously. If your child is always working for the reward, he won't learn the real reason for doing things. Reserve rewards for finite endeavors, such as toilet training, but avoid offering them for everyday things, such as dressing himself or brushing his teeth.
11. Give structured choices. If, for example your 3-year-old refuses to sit at the dinner table, you might offer the choice of sitting and getting dessert -- or not sitting and missing out on a treat.
12. No ifs. Make requests in language that assumes cooperation. "When you put your crayons away, we'll go to the park."
13. Encourage Critical Thinking! What do you think will happen if... How do you think we can...? Tell me about... What is another way...? What other ideas do you have?

*We are here to help you and your child! Please communicate openly and honestly about your child. We see your child as an individual with individual needs. Your child is not perfect and that is OK, neither is anyone else's!*

