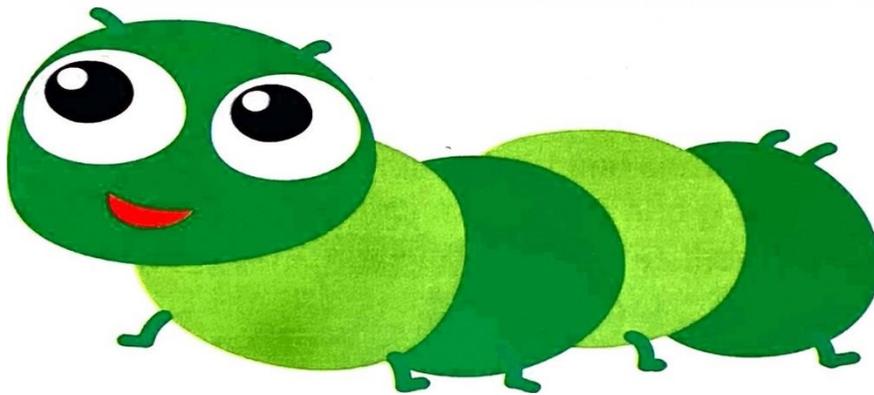




Welcome Parents and Infants  
Class of 2021 - 2022



Abiding Love Lutheran Children's Center (512) 892-2777

Abiding Love Caterpillar Room



Dear Parents,

We are looking forward to a fun filled year full of growth and development! Our main goal is to keep your child safe and happy. We do lesson planning each month that touches on all age-appropriate areas that stimulate the physical, cognitive, and emotional needs of your child. We strive to keep consistency in the infant room with staff and routines. We keep all lines of communication open between teachers and parents.

Our philosophy in the infant room is to keep the babies out of objects like swings, bouncers, etc. and have a lot of floor time instead. We understand how important floor time is for infants because it allows them to move around freely, exercise their muscles, and practice skills that lead to rolling, sitting up, crawling, and walking! We also explore an abundance of textures, make a lot of messes through art and sensory play, do a lot of activities that help develop their fine motor skills and gross motor skills, and we help them become more independent as they grow older.

We genuinely believe that all families, as well as infants, are different and have different needs. We look forward to getting to know your family and meeting the needs that you and your child have. If you have any questions or concerns, please feel free to address them with me communication is key to your child's success and to a good parent/teacher relationship. My email is [lexikrieseallc@gmail.com](mailto:lexikrieseallc@gmail.com)

The Caterpillar staff

## What to Bring to School

1. Fill out Feeding Schedule and All About Me questionnaire. (Bring it to open house or to class on the first day of school.)
2. Bring 3—4 Prefilled bottles (depending on how much your child eats), food, and snacks if they are eating. (Please feed your child before you bring them to class. Morning feedings set your infant's day. Please do not bring your infant due for a feeding.)
3. Small diaper bag with: Labeled pacifier, sleep sack, diapers, wipes, labeled diaper cream, and 4 extra outfits in a Ziplock bag.
4. We provide spoons, bibs, crib sheets, and love!

**\*\*\*Label all bottles/caps and food containers\*\*\***

Please join our Facebook page: **Abiding Love Caterpillars**. I will post pictures, updates, and reminders!



# All About Me

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My Caterpillar: \_\_\_\_\_

Birthday: \_\_\_\_\_

If baby was born 3 or more weeks prematurely, # of weeks premature: \_\_\_\_\_

Parent's Names: \_\_\_\_\_

Occupations: \_\_\_\_\_

Sibling's and Ages: \_\_\_\_\_

Allergies: \_\_\_\_\_

Comforts: \_\_\_\_\_

Sleeping Habits: \_\_\_\_\_

Notes:

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# Infant Feeding Schedule

Month: \_\_\_\_\_

Child's Name: \_\_\_\_\_

Birthdate: \_\_\_\_\_

**Does your child drink:**

- |                     |           |
|---------------------|-----------|
| Breast Milk/Formula | Yes or No |
| Whole Milk          | Yes or No |
| Juice               | Yes or No |
| Water               | Yes or No |

**Does your child use a bottle or a sippy cup?** \_\_\_\_\_

(If bottle, is it warmed? \_\_\_\_\_)

**Does your child eat:**

- |             |           |
|-------------|-----------|
| Cereal      | Yes or No |
| Baby food   | Yes or No |
| Finger Food | Yes or No |

**Does your child have food allergies?** Yes or No

If so, please explain?

\_\_\_\_\_

\_\_\_\_\_

**Please give us a tentative feeding schedule for your child:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

(Parent Signature)

(Date)

## Fall Caterpillar Routine

7:00 — 9:00 Floor Time / Focus Activity

9:00 — 9:30 Diaper Change

9:30 — 10:30/11:00 Morning Nap

11:00 — 11:20 Diaper Change

11:20 - 11:50 Lunch

11:50 — 1:00 Outdoor Play/ Floor Time

1:00 — 2:00 Diaper Change / Focus Activity

2:00 — 3:00 Afternoon Nap

3:00 — 3:20 Diaper Change

3:20 — 6:00 Floor Time/Activities

## Spring Caterpillar Routine

7:00 - 9:00 Center Play / Focus Activity

9:00 - 9:30 Diaper Change

9:30 - 10:00 Snack

10:00 - 11:00 Outdoor Play

11:00 - 11:20 Diaper Change

11:20 - 12:00 Lunch

12:00 - 2:00 Nap

2:00 - 2:30 Diaper Change

2:30 - 3:00 Snack

3:00 - 4:00 Outdoor Play

4:00 - 4:20 Diaper Change

4:20 - 6:00 Center Play

## Teacher Biographies



Lexi Kriese

I've been teaching at Abiding Love for 6.5 years; this is my 3rd year as lead teacher, and I absolutely love it! I enjoy working with all ages, but infants are by far my favorite. I love watching them learn and grow and helping them achieve milestones. I love messy sensory activities, so be prepared for a lot of cute, messy pictures of your little one!

I have a daughter and a son; My daughter is in the Moose class this school year (pre-k) and my son is a little Caterpillar as well! Being a mother has brought so much joy to my life and has helped improve my teaching skills, or rather being a teacher has improved my skills for motherhood I love traveling, photography, and making wonderful memories with my little family!

I know things are a little crazy this year due to COVID, but I will still try my hardest to form a wonderful parent/teacher relationship with you! I am so excited for this upcoming school year!



Wanda Mauldin

I have lived in Austin all my life. I have been married for 36 years and we have a 30-year-old son. I used to work at Abiding Love Lutheran Church on Sundays, then in 2005 I started working at Abiding Love Children's Center. It has been a wonderful 16 years; I love working here!

During my personal time, I am a volunteer docent at the Dr. Pound Historic Farmstead Museum in Dripping Springs, TX. I love spending my free time shopping with friends and sewing.



Lacy Duphorne

I am Lacy Duphorne! I'm currently a sophomore at Texas State University pursuing a bachelor's degree in early childhood education. I have worked at Abiding Love since January 2020, and I am very happy and grateful to call this place my home. I have had a passion for children and teaching since I was a child myself. I absolutely love kids and appreciate being a part of their lives at a very transformative time. I recognize how much growth and learning happens in the first few years of a child's life, and that is not something I take lightly. I am looking forward to getting to know your child and your family, and I thank you for giving me the opportunity to do so!



Amy Verlander

This will be my third year at Abiding Love, and I have loved it. I enjoy working with infants. My favorite scripture is Psalm 139:13-14 says, "For you created my inmost being; you knit me together in my mother's womb. I praise you because I am fearfully and wonderfully made; your works are wonderful, I know full well", and I see each child as a sacred and true treasure from God. I am a hardcore Aggie, and I love the culinary arts and family time.